Catuṣśruti-jāti Rāgas: An Amateur's Investigation

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It is common knowledge that the rāgas of Indian classical music are conventionally divided into three jātis (classes): saṃpūrṇa (of seven śrutis), ṣāḍava (of six śrutis), and auḍava (of five śrutis). The seven śrutis in the saṃpūrṇa jāti are: ṣaḍja, ṛṣabha, gāndhāra, madhyama, pañcama, dhaivata and niṣāda, commonly rendered as sa, re, ga, ma, pa, dha, and ni respectively. For convenience, they are often represented as S, R, G, M, P, D and N. A set of seven śrutis is called saptaka (corresponding to the octave in Western music, in which, however, the first note of the Indian scale becomes the eighth note). Among the seven śrutis, R, G, M, D and N have their komal (soft or lower) and tīvra (sharp or upper) variations while S and P are sthira (non-variable). Very rarely do komal and tīvra svaras present themselves side by side in Indian rāgas. An example of such a rare occurrence is rāga Lalit, in which both komal and tīvra M come into play.

A ṣāḍava rāga is obtained by removing any one of the seven śrutis, excepting S, because S is not only a constant śruti but is the one śruti which cannot be absent in any rāga. S is considered the vital śruti and svara in relation to which the remaining śrutis and svaras are identified. Similarly, an auḍava rāga is obtained by deducting two of the seven śrutis. A discarded śruti (or the removal of a śruti in the process of composing a new rāga) is called varja.

Therefore it would seem that the largest number of śrutis in a rāga is seven, and the smallest is five. What, then, is a catuṣśruti rāga, which, going by the name, would appear to have only four śrutis? Do such rāgas exist - or did they exist even in the past - let alone a whole jāti of four-note rāgas? As the basis, the rationale, and catalyst for this enquiry (which may seem unwarranted to text-bound musicians), this writer can only cite oral and aural evidence: the testimonies of a few practising musicians, and demonstrations by a longdeparted mendicant in the streets of Hyderabad. Certainly, a catuşśruti rāga is an oddity from the point of view of treatises on Indian classical music, and is generally unknown to musicians. None of the treatises mentions such a jāti. Even if it be assumed that there was such a jāti in the past, left out of the treatises for reasons not known to us, those concerned with music would tend to ask a number of relevant questions. For instance, how could a raga of a mere four svaras be expanded for the purpose of building a melody? If a catuss ruti raga were to be considered at par with the ragas that have received approval in the treatises, and by musicians of the past (i.e., if the same principles of music were inherent here), what might have been the method of constructing such a raga? This article is in the main an attempt to answer such questions.

Some knowledge about the catuṣśruti jāti was received by this writer from an octogenarian mendicant, Janab Ghulam Dastagir Sahab of Hyderabad, in the year 1957. According to Janab Dastagir Sahab, there were eighteen rāgas in this jāti. He believed that Dhruvapada (or

Dhrupad) songs were composed in these rāgas. By way of example, Janab Dastagir Sahab had demonstrated five rāgas with old Dhruvapada compositions. This writer and his respected and learned guru, Shri Shankarlalji Maharaj, were fortunate enough to listen to Janab Dastagir Sahab's demonstration and his verbal explanations of the details. According to Shri Shankarlalji Maharaj, a Dhruvapada-singer himself and a musicologist, Janab Dastagir Sahab was flawless and most convincing, though his voice failed him now and then because of extreme old age. This writer remembers the *āroha* and *avaroha* of all the five rāgas but remembers the names of only three.

Twelve years later, in 1979, keen to explore the catuṣśruti jāti and its probable number of rāgas, this writer talked to some musicians with a view to conducting a systematic inquiry into this domain. The musicians consulted were Janab Mohammed Ali, a Tarshehnai player and a musicologist; Shri Raghunath Prasanna, a flute and shehnai player and a musicologist in his own right; Janab Mohammed Iqbal, a vocalist; and Shri Abhayanarayan Mallik, now a renowned Dhruvapada-singer. Taking a keen interest in the matter, the four musicians had sat together to evolve as many catuṣśruti rāgas as they could.

At the time the rāgas were developed, the musicians kept in mind the rules of composing rāgas laid down in various treatises, as well as their personal resources of knowledge. Just as a ṣāḍava or auḍava rāga is formed by judiciously dropping one and two śrutis respectively from a sampūrṇa scale, in a catuṣśruti rāga, three śrutis were deducted. Care was taken to avoid elimination of two consecutive śrutis from a saptaka, including P. By removing every alternate śruti after S or R in a saptaka, a four-śruti rāga was easily obtained. But this effort produced only three rāgas: S R M D, S G P D, and S G P N. Then, taking advantage of the variability of the śrutis R G M D and N, twenty-four varieties were created. Here is a systematized list of these twenty-four catuṣśruti rāgas, worked out mechanically:

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1. SRMD(S)*
                  9. SGMD(S)
                                                      21. S G P N (S)
                                     17. S G P D(S)*
2. SRMD ~
                  10. SGMD ~
                                                      22. SGPN ~
                                     18. S G P D ~
3. SRMD~
                  11. SGMD "
                                                      23. S G P N ~
                                     19. SGPD *
4. SRMD *
                  12. S G M D ~
                                                      24. SGPN "
                                     20. S G P D ~
5. SRMD~
                  13. SGMD ~
6. SRMD~
                  14. S G M D ~
7. SRMD ~
                  15. S G M D *
8. SRMD~
                  16. SGMD~
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*(S): Şadja of a higher saptaka.

When these technical exercises had been completed, the question remained as to which of these ragas could be rendered with ease. Singing and playing the aroha and avaroha of each of the twenty-four ragas, with a little manipulation, it was observed that serial numbers 1, 2, 6, 8, 9, 10, 14, 16, 17, 19, 20, 23 and 24 were easier to render, or relatively so. They were also melodious. Numbers 12 and 18 were melodious too, but were not easy to sing or play. Numbers 3, 4, 5, 6, 7, 11, 13, 15, 21 and 22 were neither easy to perform nor pleasing to the ear.

Therefore, the group of musicians put aside the last ten varieties. They were thus left with fourteen catussruti ragas, including two difficult ones. It would seem that Janab Dastagir Sahab either chose four of the ten ragas put aside by the group of musicians — which seems unlikely - or he knew four more ragas which the present group could not work out on the basis of the method it followed.

The most difficult task was now ahead, and that was to find the vadi and samvadi syaras. The vadi svara is one which is repeated oftener than the other svaras in a raga, and one upon which phrases in elaboration of a raga frequently come to rest. The vadi and samvadi of the various ragas can be found in any textbook of music and are common knowledge to students and teachers of music. Usually, the fourth svara of a raga, in ascending order, is the samvadi. But this cannot pass for a rule, as the place of samvādi, or vādi, may vary from one kind of raga to the other. The best way to find out the vadi and samvadi svaras is really to listen to rāgas very attentively.

In the catussruti ragas produced by our group of musicians, the vadi and samvadi svaras could all be identified. But in one or two cases the samvādi was so faint as to seem almost absent.

These strenuous technical and aesthetic exercises went on regularly for a little over a month. The credit for successfully working out the fourteen catuséruti ragas goes to the knowledgeable and refined musicians named earlier (and not to this writer). It is they who scrutinized and finalized the list of the fourteen catuséruti ragas.

The expert group not only followed the classical rules of construction of ragas, but also relied on an aesthetic principle laid down in the Brhaddesi and, with slight variations, in the Sangitaratnākara and other treatises. The relevant ślokas from the Brhaddesi are quoted below:

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स्वरवर्ण विशेडुण ध्वनि भेदेनवा पुनः।
रज्यंते येनयः कश्चित्सरागः संमतः सतां।।
यो असौ ध्वनिविशेङ्घस्तु स्वरवर्पा विमुङ्कितः।
रन्जको जनवितानां स च राग उदाहृतः।।
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The purport of these verses is that a raga is a musical composition in which the svaras are so disposed that their essential qualities may find expression - and which is sung with embellishments in a manner that pleases the hearts of listeners. It is the last part of the description that gives the clue to the creation and rendering of a raga.

At various times during the intervening years, the author has shared the findings reported here with a few other practising musicians and teachers, both for corroboration of the method of the inquiry and for the sake of carrying the discussion further. Professor Hafeez Ahmad Khan, Ustad Amjad Ali Khan, Professor Chandrashekhara Narangrekar and Shri Rajan Mishra are among those who have not only supported the validity of the experiment but also shown interest in the investigation. They all believe that the catuşs ruti jāti did exist in the past.

Some opinions regarding the existence of catussruti ragas in the past, their origin and

their decline, are also available from the above musicians and others, though no conclusive proof can be submitted. Professor Chandrashekhar Narangrekar, who heads the Department of Music in the University of Goa, has a theory about how these ragas came to be dropped from our raga-lexicon. He points out that there are a few audava ragas in which one of the variable śrutis occurs inconspicuously in the sweep of a meend which beautifies the raga. These inconspicuous s'rutis are also so faint as to seem practically absent in the ragas in question. Such nominal svaras seem to have been incorporated in some (principally) fournote ragas at a later stage. Thus, what was formerly a catus ruti raga became an audava. Shri Narangrekar gave this writer the example of raga Hindol in which N formerly occurred in the flow of a meend, and which was later established firmly as a svara of short length. The argument is sound. Consider this example: Bhoop (or Bhoopali) is an old audava raga. But, in its slow avaroha, it takes N and M in slides of meend. At some point of time, an audavasampūrņa rāga called Bhoopkalyan comes into being. Now, Bhoop belongs to the Kalyan that, and N and M are the main attributes of Kalyan. The connection is obvious. In the case of Hindol, what was originally a catusfruti raga turned into an audava raga. Why the fifth note was added is, however, not clear to Professor Narangrekar.

The late Mallikarjun Mansur, an acclaimed singer of rare Hindustani ragas, told this author in 1981 that he had heard a raga of four srutis when he was very young; he regretted not remembering the name and form of the raga.

Rajan Mishra, the elder of the Mishra brothers, strongly believes that there was a catuṣśruti jāti, or at least a few rāgas of that class. He cites the example of rāga Shree, which has only three śrutis and is still considered a classical rāga. He has demonstrated Shree in a performance situation and verbally described the rāga. Shree has a vādi, a samvādi, and an anuvādi svara (a secondary svara supporting the vādi). This encourages one to propose that catuṣśruti rāgas were in practice some time in the past, whatever the number of the rāgas; perhaps they were also brought under a distinct jāti.

An intrinsic factor may have led to the decline of the presumed catus sruti jati: a four-note raga does not enable elaboration for as long a duration and with as much variety as ragas of the other jatis do.

Having stated the grounds for this enquiry, the results of the experiment it involved, and the views of expert musicians on the subject, the author may now (in the absence of reliable historical information) be permitted to indulge in some freewheeling conjecture of his own, suggesting some probable beginnings for the catuséruti jäti and its past status. This may serve to provoke enquiry and attract fresh inputs into this investigation from more knowledgeable researchers. Any error in fact or argument may be brought to the notice of the author.

1. The Sāmaveda, besides being an auxiliary extension of the Rgveda, also laid down rules for intoning its own hymns, those of the Rgveda, and some of the Yajurveda. These hymns were to be intoned (or sung) in three svaras: svarita (a svara on a chosen pitch, usually a low

pitch); udātta (a raised half-note above the svarita); and anudātta (a full note lower to the svarita). Thus, if S were svarita, R would be udatta and N would be anudatta. (All works containing samavedic hymns indicate the manner of intoning the hymns. A short vertical line over any Sanskrit character combining a vowel and a consonant denotes udatta supper sruti), and a short bar below such a character denotes the anudatta {lower} position in relation to the svarita. Svarita itself is not marked by any sign. The same signs are used to indicate the śrutis of the five variable svaras in Indian classical music. This is standard practice in Indian musical notation till date.)

It is the Sāmavidhāna Brāhmana which first mentioned that the seven śrutis form a saptaka. But these strutis were not in the SRGMPDN order known to us today. Instead, the śrutis were in the order of PD NSRGM. The sāmavedic hymns, known as Sāmans, were supposed to be intoned in seven scales. Now, it is humanly impossible to sing all the svaras in seven scales. It should be understood here that the initial part of each set of Samans was to be sung according to the three-note system explained above, at, say, P level. Then, each subsequent set of Samans was to be sung at increasingly higher levels, i.e., DNSRG and M. If noted down, the seven scales would appear as follows: P DN, DNS, NSR, SRG, RGM, GMP, and MPD1. In Indian musicology, each set of these three svaras forms the beginning of a series of scales. The seven svaras are reached in this manner.

'Grāma' is the Sanskrit word for 'scale' in the Western system. If a singer of Sāman shifts from one grāma to the next, he has necessarily to add the udātta svara of the next grāma. Thus the number of svaras is raised to four. But, gradually, the singer has to drop the first svara of the preceding grāma. The following illustrates this point: P D N (first grāma); PDNS (between the first and second grāmas); and DNS (second grāma). PDNS may indeed become catus sruti but not a raga. In order to make a catus sruti raga we would have to arrange the śrutis of every alternate grāma serially, up to four grāmas. Then we may jot down the first śruti of every alternate grāma. Thus we obtain a catuṣśruti rāga. For example:

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SRG, GMP, PDN, NSR (alternate grāmas)
                           (first śruti of each alternate grāma)
      G
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Here, S G P N forms a catuşéruti rāga. (See Nos. 23 and 24 in the list of catuşéruti rāgas.) This is a conjectural derivation. If the conjecture is right, we could say that the catuss ruti jāti originated from the style of singing the Samans of the Samaveda.

2. In Hindustani music, we do not know of any form of classical song which may have existed before the Dhruvapada. However, it is generally believed that there existed a tradition of singing Sanskrit songs in the manner of the Dhruvapada. The Nāṭyaśāstra mentions dhruvagāna — singing of dhruvas, a kind of poetry set to rhythm. From this we may surmise that Dhruvapada — 'words of dhruva' — might have been the earliest form of independent composition sung according to a fixed convention. Dhruvagāna, according to the Nātyaśāstra, did not always use all the seven svaras². Dhruvas may have been sung even

A dot below a śruti denotes the position of the śruti in the lower saptaka.

² Nātyaśāstramu (Telugu translation of the Nātyaśāstra), P.S.R. Appa Rao, chapter 5, pp. 180-1.

in a smaller number of svaras in Sanskrit plays, though, in the context of pūrvaranga, they would have been sung using all the seven svaras selectively, or even overstepped a saptaka marginally. The contexts here suggest these probabilities. Catussruti, audava, sādava and sampūrna may all have coexisted, in relation with or independent of each other, supporting nātya performances:

Isolated from nātya, catuṣśruti rāgas may have had an independent existence as a jāti with no relationship with rāgas of other jātis employing a larger number of śrutis. Combination of jātis seems to have been a later development.

- 3. Classical music took off from folk music. At some stage of development, four-note folk music, which is amply available even today, may well have been refined and subjected to the principles of classical composition. Indeed, some of the catuş ruti ragas are as simple and pleasing as folk melodies, and some are as difficult to perform as the toughest classical compositions.
- 4. Here is another probability. The human mind tends to drift from long-standing conventions. A musical-minded sāmagāyaka (singer of Sāmans) or udgātṛ (singer of ṛgvedic hymns) might have wished to add one svara at the end or at the beginning of his three-svara (anudātta, svarita, udātta) singing and, later, put in a gap between each pair of svaras. Since such experimentation was taboo in sacred sāmagāyan, he may have tried out his innovation in folk song.

Perhaps it is not difficult to retrieve the four-note mode experimentally, especially now that opportunities for experimental work in music are opening up. Every now and then we hear of new rāgas being created, shelving classical principles and rules altogether! At the same time, some fruitful work is also being done. Quite some time ago, someone created a miśra rāga, Basantbahār, an awkward combination of two unadjustable sampūrna-vakra rāgas. The vādi and samvādi svaras of this rāga simply cannot be determined! It has no specific point of emphasis, or inflexional or de-inflexional sweep, or a point of shift from one part of the rāga to the other. It does not stand any grammatical test, yet it passes for a classical rāga! On the other hand, there are several miśra-jāti rāgas which pass all the tests of music and make good rāgas indeed. Kaushikikānadā is one of the excellent examples.

Luckily, we have two systems of classical music in this country, Hindustani and Carnatic. Mutual borrowing is not uncommon. Shri Ravi Shankar, the great Sitar-player, has added Keervāṇi, a Carnatic rāga, to the storehouse of Hindustani rāgas. Professor Hafeez Ahmad Khan, former Vice-Chancellor of Rampur University, has adopted Shaṇmukhapriya, again a Carnatic rāga, into Hindustani music. There have been many such meaningful experiments helpful to the growth of classical music.

In this age of experimentation, a professional singer or instrumentalist can, in inventive spirit or to satisfy a creative urge or even for the fun of it, try to make a few ragas with four srutis (even without taking a position on the past existence of a catus sruti jati, or being aware

of it). One could also try combining a catussfruti aroha with the avaroha of an audava, a sādava, a sampūrna or a vakrā rāga — and the reverse — for effect and thus, perchance, create new and 'right' classical ragas. This author feels there is no end to ragas, that music is inexhaustible, and that musicians are free agents in a changing world. With a sound base of knowledge, a creative mind and hard work, we can surely move on to new frontiers of ragabased music.